

Exhibit B

List of Sunrise's signature programs and activities



8 Signature Programs

Sunrise offers eight activities programs, specifically designed to provide opportunities to Live With Purpose. The activities programs include:

[Live With Action](#)

Because physical activity is paramount to senior health and well-being, Sunrise is proud to offer activities, such as Daily Walking Clubs, aerobics classes, and strength training.

[Live With Artistry](#)

Sunrise offers many ways to express creativity through visual and fine arts, poetry and writing, dance, theater, and more, including through partnership with Museum of Modern Art's "Meet Me at MoMA" program.

[Live With Anticipation](#)

Sunrise offers opportunities to tap into existing talents and pursue new goals and interests.

[Live With Generosity](#)

From community service projects to intergenerational programs, there are many ways to maintain a strong sense of human connection and purpose through fulfilling local outreach efforts.

[Live With Learning](#)

Sunrise offers book clubs, round-table discussions, guest lecturers, and more to help keep the brain happily engaged.

[Live With Legacy](#)

Sunrise offers intergenerational activities to provide an outlet to impart wisdom and knowledge.

[Live With Melody](#)

Sunrise communities partner with local music therapists and schools to create enriching musical experiences and entertainment.

[Live With Reflection](#)

Sunrise offers a number of outlets for experiencing spirituality, whatever form that may take.

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>9:00 Televised Mass 9:30 Communion w/ The Church of the Annunciation 10:00 A.M. Exercise Essentials 11:00 Games Galore w/ Natasha 2:15 BINGO 3:30 Blackjack Social 7:15 Evening Movie</p> <p>1</p>	<p>8:30 Beauty Parlor 10:00 Morning Stretch 10:30 Pamper Yourself Manicures 10:45 Bus Trip to CVS 11:00 Communion 2:00 Music Listening Club 2:15 Live Sing-a-Long w/Hank 2:15 Monday Movie Matinee 3:30 Wheel of Fortune Social 7:15 Evening Movie</p> <p>2</p>	<p>Happy Birthday GiGi! 10:30 Walking Club w/ Wilma 11:15 Resident's Choice Games 12:00 Lunch Bunch Club Bus Trip 2:00 Exercise Class w/Nicole 2:45 Rosary Club 3:30 Wine,Cheese & Crossword Social 7:15 Evening Movie</p> <p>3</p>	<p>Independence Day 10:00 A.M. Exercise Essentials 11:00 Make-a-Word Game 12:00 Na'l BBQ month-JULY 4th BBQ Lunch 2:15 Fourth of July Music w/ David Wynne 2:15 Sing-A-Long in the Bistro 3:30 Target Toss 3:30 Drink of the Week Social 3:45 Resident Card Club-2nd Floor 7:15 Evening Movie</p> <p>4</p>	<p>10:00 Exercise Class w/Nicole 11:00 Games in the Bistro 11:30 Bus to Mt. Carmel Church 2:15 BINGO 3:15 Men's Poker Club 3:30 Trivia Social 4:15 Summer Strollers Walking Group 7:15 Evening Movie</p> <p>5</p>	<p>10:00 Bowling Fitness 10:45 Bus Trip to the Market 11:00 Visit with Chaplain Lapp 11:15 You Be the Judge 2:00 Scrabble Club 2:15 Arts & Crafts 3:30 Wheel of Fortune Social 7:15 Evening Movie</p> <p>6</p>	<p>10:00 A.M. Exercise Essentials 11:00 Make-a-Word Game 1:45 Walking Club w/Vilma 2:15 BINGO 3:30 Sing-along & Snacks Social 3:45 Target Toss 4:00 Mass w/Father L. 7:15 Evening Movie</p> <p>7</p>
<p>9:00 Televised Mass 9:30 Communion w/ The Church of the Annunciation 10:00 A.M. Exercise Essentials 10:00 Morning Stretch 11:00 Games Galore w/ Natasha 2:15 BINGO 3:30 Blackjack Social 7:15 Evening Movie</p> <p>8</p>	<p>Happy Birthday Sarah! 10:00 Morning Stretch 10:30 Pamper Yourself Manicures 10:45 Bus Trip to CVS 11:00 Communion 2:00 Music Listening Club 2:15 Live Music w/Van Martin 2:15 Monday Movie Matinee 3:30 Wheel of Fortune Social 7:15 Evening Movie</p> <p>9</p>	<p>8:30 Beauty Parlor 10:30 Walking Club w/Vilma 11:15 Resident's Choice Games 2:00 Exercise Class w/Nicole 2:45 Rosary Club 3:30 Wine,Cheese & Crossword Social 7:15 Evening Movie</p> <p>10</p>	<p>10:00 A.M. Exercise Essentials 11:00 Make-a-Word Game 2:15 Bowling Club 2:15 Sing-A-Long in the Bistro 3:30 Live Variety Show Social with Ray and Nancy 3:30 Drink of the Week 3:45 Resident Card Club-2nd Floor 7:15 Evening Movie</p> <p>11</p>	<p>10:00 Exercise Class w/Nicole 11:00 Games in the Bistro 11:30 Bus to Mt. Carmel Church 2:15 BINGO 3:15 Men's Poker Club 3:30 Trivia Social 4:15 Summer Strollers Walking Group 7:15 Evening Movie</p> <p>12</p>	<p>10:00 Bowling Fitness 10:45 Art of the Masters- discussion & project 10:45 Bus Trip to the Market 11:00 Visit with Chaplain Lapp 11:15 You Be the Judge 2:00 Scrabble Club 2:15 Arts & Crafts 3:30 Wheel of Fortune Social 7:15 Evening Movie</p> <p>13</p>	<p>10:00 A.M. Exercise Essentials 11:00 Make-a-Word Game 12:30 Lunchtime Guitar Concert 1:45 Walking Club w/Vilma 2:15 BINGO 3:30 Sing-along & Snacks Social 3:45 Target Toss 4:00 Mass w/Father L. 7:15 Evening Movie</p> <p>14</p>
<p>9:00 Televised Mass 9:30 Communion w/ The Church of the Annunciation 10:00 A.M. Exercise Essentials 11:00 Games Galore w/ Natasha 2:15 BINGO 3:30 Blackjack Social 7:15 Evening Movie</p> <p>15</p>	<p>10:00 Morning Stretch 10:30 Pamper Yourself Manicures 10:45 Bus Trip to CVS 11:00 Communion 11:45 In-House Shopping with Cindy "Just for Fun" 2:00 Scrabble Club 2:00 Music Listening Club 2:15 Cerebral Gymnastics w/Simmie 2:15 Monday Movie Matinee 3:30 Wheel of Fortune Social 7:15 Evening Movie</p> <p>16</p>	<p>8:30 Beauty Parlor 10:30 Walking Club w/ Wilma 11:00 Current Events Live w/Debbie 12:00 Lunch Bunch Club Bus Trip 2:00 Exercise Class w/Nicole 2:45 Rosary Club 3:30 Music Social w/Candyce Glaquinto 7:15 Evening Movie</p> <p>17</p>	<p>10:00 A.M. Exercise Essentials 11:00 Make-a-Word Game 2:15 Bowling Club 2:15 Sing-A-Long in the Bistro 3:30 Target Toss 3:30 Drink of the Week Social 3:45 Resident Card Club-2nd Floor 7:15 Evening Movie</p> <p>18</p>	<p>10:00 Exercise Class w/Nicole 11:00 Flower Arranging Club w/ Barbara 11:30 Bus to Mt. Carmel Church 2:15 BINGO 3:15 Men's Poker Club 3:30 Trivia Social 4:15 Summer Strollers Walking Group 7:15 Evening Movie</p> <p>19</p>	<p>10:00 Exercise Class w/Nancy 10:00 Bowling Fitness 10:45 Bus Trip to the Market 11:00 Visit with Chaplain Lapp 11:15 You Be the Judge 2:00 Scrabble Club 2:15 Arts & Crafts 3:30 Wheel of Fortune Social 7:15 Evening Movie</p> <p>20</p>	<p>10:00 A.M. Exercise Essentials 11:00 Make-a-Word Game 1:45 Walking Club w/Vilma 2:15 BINGO 3:15 Live Piano Concert Social w/Clint Edwards 3:30 Sing-along & Snacks Social 3:45 Target Toss 4:00 Mass w/Father L. 7:15 Evening Movie</p> <p>21</p>
<p>Parents' Day Happy Birthday Marion, Vivian and Marie! 9:00 Televised Mass 9:30 Communion w/The Church of the Annunciation 10:00 A.M. Exercise Essentials 11:00 Games Galore w/Natasha 2:15 BINGO 3:30 Afternoon Music Social w/ Sandy Jacobs 7:15 Evening Movie</p> <p>22</p>	<p>10:00 Morning Stretch 10:30 Pamper Yourself Manicures 10:45 Bus Trip to CVS 11:00 Communion 11:15 Resident Food Forum 2:00 Scrabble Club 2:00 Music Listening Club 2:15 Monday Movie Matinee 3:30 Wheel of Fortune Social 7:15 Evening Movie</p> <p>23</p>	<p>8:30 Beauty Parlor 10:30 Walking Club w/ Wilma 10:45 Resident Council Meeting 11:15 Resident's Choice Games 2:00 Exercise Class w/Nicole 2:45 Rosary Club 3:30 Wine,Cheese & Crossword Social 7:15 Evening Movie</p> <p>24</p>	<p>10:00 A.M. Exercise Essentials 11:00 Make-a-Word Game 2:15 Bowling Club 2:15 Sing-A-Long in the Bistro 3:30 Monthly Birthday Celebration w/The Classics 3:45 Resident Card Club-2nd Floor 7:15 Evening Movie</p> <p>25</p>	<p>10:00 Exercise Class w/Nicole 11:00 Games in the Bistro 11:30 Bus to Mt. Carmel Church 2:15 BINGO 3:15 Men's Poker Club 3:30 Trivia Social 4:15 Summer Strollers Walking Group 7:15 Evening Movie</p> <p>26</p>	<p>10:00 Bowling Fitness 10:45 Bus Trip to the Market 11:00 Visit with Chaplain Lapp 11:15 You Be the Judge 2:00 Scrabble Club 2:15 Arts & Crafts 3:30 Wheel of Fortune Social 7:15 Evening Movie</p> <p>27</p>	<p>10:00 A.M. Exercise Essentials 11:00 Make-a-Word Game 1:45 Walking Club w/Vilma 2:15 BINGO 3:30 Sing-along & Snacks Social 3:45 Target Toss 4:00 Mass w/Father L. 7:15 Evening Movie</p> <p>28</p>
<p>9:00 Televised Mass 9:30 Communion w/ The Church of the Annunciation 10:00 A.M. Exercise Essentials 11:00 Games Galore w/ Natasha 2:15 BINGO 3:30 Blackjack Social 7:15 Evening Movie</p> <p>29</p>	<p>10:00 A.M. Exercise Essentials 10:30 Pamper Yourself Manicures 10:45 Bus Trip to CVS 11:00 Communion 2:00 Scrabble Club 2:00 Music Listening Club 2:15 Monday Movie Matinee 3:30 Wheel of Fortune Social 7:15 Evening Movie</p> <p>30</p>	<p>8:30 Beauty Parlor 10:30 Walking Club w/Vilma 11:15 Resident's Choice Games 2:00 Exercise Class w/Nicole 2:45 Rosary Club 3:30 Live Music Social w/ Mitchell Korn 7:15 Evening Movie</p> <p>31</p>				

Assisted Living

