



## ADVISORY NEIGHBORHOOD COMMISSION 3E

TENLEYTOWN AMERICAN UNIVERSITY PARK FRIENDSHIP HEIGHTS  
c/o Lisner---Louise---Dickson---Hurt Home 5425 Western Avenue, NW Washington, DC 20015  
[www.anc3e.org](http://www.anc3e.org)

### GRANT APPLICATION

Grants are available only to non-profit organizations; individuals may not apply. Applicant organizations must provide services to residents of ANC 3E. Within 60 days of the issuance of any grant, the grantee must provide to the Commission a statement as to the use of the funds consistent with the grant application, complete with receipts that support the expenditures. Grants may be submitted by e-mail to [sherryacohen@gmail.com](mailto:sherryacohen@gmail.com) or mailed to ANC 3E c/o: The Lisner-Louise-Dickson-Hurt Home at the address above.

Please complete all items. Incomplete applications will be returned and not considered. Attach additional pages if needed.

#### Applicant Organization

Name: Iona Senior Services

Address: 4125 Albemarle St., NW, Washington, DC 20016

Contact Person: Susan Messina Telephone: 202-895-9401 Fax 202-895-0244 e-mail

smessina@iona.org

#### Project Information

Name of Project: Creating For and Distributing to Ward 3 citizens "Where to Find Food in Ward 3 – Healthy Affordable Food Resources in Your Neighborhood" fold-out map and Guide

#### Description of Project:

Iona would like to create and print at least 1,000 copies of "Where to Find Food in Ward 3", a fold-out map guide with specific information on finding healthy, affordable food resources in Ward 3. DC Greens, the nonprofit organization which created the helpful guides for all the other DC Wards, chose not to create one for Ward 3 because of their misconception that citizens of Ward 3 are not experiencing food insecurity and limited access to healthy food, let alone hunger and malnutrition.

The purpose of the project is to create, print and get into the hands of Ward 3 citizens a simple document containing clear, friendly and Ward 3-specific information on applying for



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food benefits, emergency and low-cost groceries, community gardens, farmers' markets, free meals, healthy corner stores, food for seniors and the homebound, and SHARE sites moving healthy groceries at roughly a 50% discount into Ward 3 homes in need.

Iona has documented all the Ward 3 community-based, charitable and public food-related resources, as well as community gardens and farmers' markets. This comprehensive list will be transmitted to the designer, who will adapt the template used to create the Where to Find Food guides for the other seven Wards of DC. The camera-ready information will be approved by Iona and sent to a printer. Iona will take delivery on the Ward 3 Guides and immediately implement the distribution plan, to get the Guides into the hands of those Ward 3 citizens who need them most urgently.

Location of Project: The Iona part-time nutrition coordinator will manage the project at Iona, the printed Guides will deliver to Iona, and then volunteers using the Iona van will distribute the Guides to targeted locations across Ward 3.

Total Project Cost: \$1,300    Grant Request \$325



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Where will additional funds needed to complete the project come from:

Iona has begun to seek funding from the Ward 3 ANCs as well as individual Iona donors previously supportive of Iona's work serving food insecure older neighbors. This Guide, which Iona believes is essential to the health and well-being of Ward 3 citizens of all ages, was not included in our current FY2016 budget approved in September 2015 because we did not know the Guide would omit Ward 3.

Describe the benefits to the residents of ANC 3E:

For 41 years, Iona has served families and older people aging alone in Ward 3, including ANC 3C. All that time Iona has provided, as a core service, home-delivered and congregate meals to thousands of our neighbors in need. The Iona clinical team knows first-hand the rising incidence of food insecurity among people slipping out of the middle class in their retirement years when they may have little left for medicine and groceries after the rent is paid. To complicate this challenge, they are likely never to have accessed public or charitable services previously, and do not know how to proceed. We also know caregiving creates an enormous financial as well as emotional burden on families, and we also see a continuous rise in older adults raising grandchildren and great-grandchildren. Most importantly, Ward 3 citizens are not excluded from the Census Bureau data placing DC 3rd in the Nation at 19.9% living in poverty, behind Mississippi and Louisiana.

Many DC citizens of all ages struggle with food insecurity, and often privately, their struggle not known by their friends and even their family. The most important reason, but not the only one, is low income. Other reasons include limited mobility, lack of knowledge of public resources, isolation, pride, reliance on public schools for children's meals and snacks and then summer arrives, and lack of knowledge of affordable healthy choices. Iona knows that providing a free, user-friendly, easy-to-understand pamphlet can directly connect people to the resources – literally, the food – they need to help improve and protect their health and well-being. With the investment of the ANC3E, this essential resource could be in the hands of people in need in Ward 3 as soon as this summer.

The Guide Iona wants to print and distribute will tell Ward 3 citizens where to find food in Ward 3, including free summer meal sites when schools are closed, farmers markets that accept EBT, WIC, and Senior Vouchers, free cooking and gardening classes, and who to call with questions. Ward 3 citizens, including people of all ages in ANC3E, will gain the specific information they need to access the healthy food – at low-cost or even free - they need to stave off hunger, malnutrition, and even hospitalization and institutionalization.

Attach a complete budget for the proposed project: *please see information below*

The cost of designing, printing and shipping to Iona 1,000 copies of "Where to Find Food in Ward 3" would be \$1,300. DC Greens requires that we hire the same designer they used, at a cost of \$900. The printing and shipping of 1,000 copies is \$350 + \$50.



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The expenses must be incurred within 60 days of receipt of funds or a signed contract must be submitted to the Commission. Once the contracted services are complete, which should be done within 6 months from receipt of funds, the grantee must forward a copy of a paid receipt to the Commission. The funds may not be used for routine expenses.

As a duly authorized representative of the Applicant, I submit this grant request.

Date 5/20/16 Signature *Susan A. Messina*

Print Name Susan A. Messina



Department of the Treasury  
Internal Revenue Service

P.O. Box 2508  
Cincinnati OH 45201

In reply refer to: 0248344558  
Nov. 19, 2008 LTR 4168C E0  
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BODC: TE

IONA SENIOR SERVICES  
% DEBORAH PEEPLES  
4125 ALBEMARLE ST NW  
WASHINGTON DC 20016



031890

Employer Identification Number: 52-1039553  
Person to Contact: Mr. Burns  
Toll Free Telephone Number: 1-877-829-5500

Dear Taxpayer:

This is in response to your request of Nov. 07, 2008, regarding your tax-exempt status.

Our records indicate that a determination letter was issued in July 1975, that recognized you as exempt from Federal income tax, and discloses that you are currently exempt under section 501(c)(3) of the Internal Revenue Code.

Our records also indicate you are not a private foundation within the meaning of section 509(a) of the Code because you are described in section(s) 509(a)(1) and 170(b)(1)(A)(vi).

Donors may deduct contributions to you as provided in section 170 of the Code. Bequests, legacies, devises, transfers, or gifts to you or for your use are deductible for Federal estate and gift tax purposes if they meet the applicable provisions of sections 2055, 2106, and 2522 of the Code.

If you have any questions, please call us at the telephone number shown in the heading of this letter.

Sincerely yours,

*Michele M. Sullivan*

Michele M. Sullivan, Oper. Mgr.  
Accounts Management Operations I